

# Justin L. Esterberg, M.D.

*Dr. Esterberg is a spine surgeon who treats neck and back conditions. He has advanced training in all aspects of spinal surgery. His practice includes treatment of all conditions of the spine, including neck and arm pain, back and leg pain, disk herniations, spinal stenosis, fractures, tumors, scoliosis, and other spinal deformities. He has a special interest in cervical spine (neck) issues. Dr. Esterberg also takes care of patients with injuries to the upper and lower limbs.*



## Special Surgical Interests and Extensive Training

Patient outcomes and quality-of-care research, less-invasive microscopic and spinal techniques, XLIF, disk replacement, and kyphoplasty.

## Education

Pre-Medical Education: University of St. Thomas, Minneapolis, MN  
Medical School: University of Minnesota Medical School, Minneapolis, MN  
Residency: University of Minnesota Department of Orthopaedic Surgery, Minneapolis, MN  
Fellowship: Leatherman Spine Institute for Special Surgery, Louisville, KY

## Associations/Organizations/Societies

Board Certified, American Board of Orthopaedic Surgery  
Fellow, American Academy of Orthopaedic Surgeons  
King County Medical Association  
American Orthopaedic Association Emerging Leaders Program

## About Dr. Esterberg

Dr. Esterberg's goal as your doctor is to help you identify what is causing your symptoms, learn about that problem, and then discuss with you the types of treatment that could benefit you. He is focused on you and how your particular issue is affecting your everyday activities. Both you and he will explore the nonsurgical and surgical options available to you. If a surgical option is chosen, then his goal would be to utilize the least invasive techniques that can help you get back to your everyday activities as soon as possible. In his spare time, Dr. Esterberg enjoys the city of Seattle and likes to explore his environment. He likes to do just about any sport that involves the mountains or the water - alpine skiing in particular. Since he was raised in Minnesota, ice hockey is his favorite sport and he continues to play, despite the lack of ice here in Seattle.

Orthopedic Physician Associates  
601 Broadway • Seattle, WA 98122  
T 206.386.2600 F 206.622.1644  
[www.opaortho.com](http://www.opaortho.com)

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