

# Jeff L. Garr, M.D.

*Dr. Garr's practice includes treatment of all surgical conditions of the neck and spine, including fractures, deformities, tumors, degenerative arthritic conditions, disk herniations, stenosis and infection. Dr. Garr and his spine care team are dedicated to diagnosing and treating back pain, surgically or non-surgically, in order to help his very large spectrum of patients feel better, work better, and enjoy life more.*



## Special Surgical Interests and Extensive Training

All spine procedures as above, multiple methods of interbody fixation: PLIF, ALIF, XLIF, TLIF, microscopic techniques, X-stop, and disk replacement surgery.

## Education

Pre-Medical Education: Stanford University, B.S. Biology; men's varsity swim team 4 years  
Medical School: Vanderbilt University  
Residency: University of Washington Department of Orthopaedics  
Fellowship: Spine Care Medical Group, Daly City, CA

## Associations/Organizations/Societies

Board Certified, American Board of Orthopaedic Surgery  
North American Spine Society  
American Academy of Orthopaedic Surgeons  
Washington State Orthopedic Association  
King County Medical Society

## About Dr. Garr

Dr Jeff Garr enjoys basketball, snow sports and water sports. He values time spent with his wife Beth and their three children in family activities. He is a volunteer leader for the YMCA youth program and coaches basketball at the Boys and Girls Club. He has served as the Assistant Chief of Orthopedics at Swedish Medical Center and is a member of the Surgical Quality Review Committee at Swedish. His dream list includes learning to surf, fly fish, and having Seattle back in the NBA.

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