

Michael K. McAdam, M.D.

Dr. McAdam is an orthopedic surgeon specializing in sports medicine and arthroscopic surgery of the shoulder, elbow, knee, and ankle. He treats a broad range of patients, from professional and recreational athletes to people simply looking for less invasive treatments of their problems. From his work with the Seattle Seahawks and the US Rugby team, Dr. McAdam has developed an understanding of a wide range of athletic injuries. In his work with both athletes and non-athletes in his practice, he has developed an understanding of the importance of personalized care for each person.



Special Surgical Interests and Extensive Training

ACL and other knee ligament reconstruction, meniscus surgery, microfracture surgery, cartilage and meniscus transplants of the knee, arthroscopic shoulder labrum and rotator cuff repair, proximal hamstring repairs, elbow and ankle arthroscopy, biceps tendon repairs, fracture surgery of the ankle, knee, shoulder, and elbow, Achilles tendon repairs, shoulder and knee replacements.

Education

Pre-Medical Education: Texas Christian University, Fort Worth, TX
Medical School: University of Texas Health Science Center, San Antonio, TX
Residency: University of Washington Department of Orthopaedics and Sports Medicine
Fellowship: Sports Medicine at Palo Alto Medical Clinic, Palo Alto, CA

Associations/Organizations/Societies

Board Certified, American Board of Orthopaedic Surgery
Fellow, American Academy of Orthopaedic Surgeons
Seattle Seahawks: Team Orthopedic Surgeon, 2007-present
USA Rugby, Men's National Team, Consulting Orthopedic Surgeon, 2005-present
Seattle Rugby Football Club and Old Puget Sound Beach RFC: Head Team Physician, 2005-present
NFL Physician's Society, 2007-present
Washington State Medical Association
King County Medical Society

About Dr. McAdam

Dr. McAdam moved to Seattle in 1999 from Texas, and he, his wife, and their two daughters have made it their home. He enjoys spending time with his family, snowboarding, yoga, reading, and listening to music.

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