

Eva Young, M.D.

Dr. Young is a physiatrist who specializes in the non-surgical treatment of musculoskeletal injuries and disorders. She has special interest in the spine and the treatment of neck and back pain. She is also fellowship-trained in musculoskeletal sports medicine as well as interventional spine and joint procedures.



Special Surgical Interests and Extensive Training

Dr. Young's goal is to restore function and help patients achieve a better quality of life through holistic and conservative management of musculoskeletal issues. Dr. Young's focus is on physical rehabilitation, appropriate adjunctive treatments, diagnostic and therapeutic injections, and preventive care to achieve this goal.

Education

Pre-Medical Education: University of Washington, B.S. Biochemistry with Honors
Medical School: Tulane University
Internship: Medical College of Wisconsin
Residency: Physical Medicine and Rehabilitation, University of Washington School of Medicine
Fellowship: Sports Medicine and Spine, University of Utah School of Medicine, Salt Lake City, UT

Associations/Organizations/Societies

Board Certified, American Board of Physical Medicine and Rehabilitation
American Board of Physical Medicine and Rehabilitation

About Dr. Young

Dr. Young has covered football, boxing, and Ironman Triathlons as a physician. She enjoys playing hockey and skiing. When she is not running after her toddler son, she likes to beat her husband at fantasy football. The whole family enjoys traveling and being outdoors.