

SURGERY CENTER - WHAT TO EXPECT

COVID-19 OPAORTHO SAFETY MEASURES:

- COVID testing is required for ALL patients within 4 days prior to surgery. It is your responsibility to secure a PCR test at a site of your choice and have negative results available on day of surgery
 - Patients with a positive COVID-19 test, suspected exposure, or any current COVID-19 symptoms will have their scheduled procedure canceled
 - solvhealth.com is a helpful website in scheduling testing if you are unsure of testing sites
- **Only one family member or escort is allowed to come with you, however, we are still abiding by social distance capacity in our waiting room so there is limited space**
- Masks are required for all, and patients will be required to switch to a surgical mask
- All patients and visitors are required to self-screen for symptoms upon check-in

HELPFUL TIPS FOR PREPARING FOR YOUR TIME AT THE SURGERY CENTER

- It is a good idea to bring a phone, tablet, or book to keep you busy while you wait- it will be kept with your belongings during your surgery.
- We supply crutches, walkers, and immobilizers as ordered by physician, but please prearrange any ice machines, raised toilet seats, or other optional tools to aid your recovery prior to day-of-surgery.
- Prescriptions: Your prescriptions will be **electronically prescribed**. Please clarify where your medications are sent so that they can be picked up on day of surgery. It is important that they are sent to a pharmacy that you can reach before the close of business or that you arrange for someone else to pick them up.

WHEN YOU ARRIVE

- **PARKING** - is available in the Cabrini Parking Garage: 1010 Marion St. (rates vary on an hourly basis). The entrance to the surgery center is on the 2nd floor and **cannot** be reached from the Cabrini Tower lobby. We do not validate/pay for parking. You may also drop off and pick up from Terry Ave. entrance.
- When you arrive, please check in on the 3rd floor.

WHAT TO EXPECT BEFORE SURGERY/PROCEDURE

- A receptionist will register you and then you will be escorted to the 4th floor Pre-op unit for pre-surgery evaluation by your anesthesiologist. Visitors are not allowed in Pre-op (except minors - 1 parent will be allowed), they may remain in waiting room, space permitting.

WHAT TO EXPECT AFTER SURGERY/PROCEDURE

- Your escort will be allowed in the Recovery unit at the end of your recovery time to minimize people in this space.
- The wait time for your escort once the surgery is complete will vary based on the type of surgery /procedure and length of stay protocols (1 to 4 hours).
- The Recovery room nurse will call when it is time for the escort to come into the Recovery unit and provide discharge teaching.
- **Pain Management Procedures:** escorts will not be allowed in the Recovery unit and will be called for curbside pickup.

OPAORTHO - MAIN

601 Broadway, Suite 700
Seattle, WA 98122
T 206.386.2600 F 206.622.1644
opaortho.com

Please refer to SEATTLE SURGERY CENTER's
Patient Handbook/or more information
For questions, please call: 206.386.2600